

LOJJO



FOOTBALL

FAQ

- Write any questions into the chat and we will produce a frequently asked questions document after the meeting.
- FAQ document will be on the district website (lovejoyleopards.net) under the football tab.
- We will send the presentation to you via SportsYou

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Leopard Football Staff

- Chris Ross (Head Coach)
- Jayson Lavender (Co-OC/QB's)
- Kevin Park (Co-OC/OL)
- Brandon Jackson (Passing Game Coordinator/WR's)
- Ryan Ledford (Tight Ends Coach)
- Shawn Lewis (Run Game Coordinator/OL/Head Freshman Coach)
- Jason Johns (Defensive Coordinator)
- Marcus Trice (Co-DC/Special Teams Coordinator/Safeties)
- Robert Lewis (Outside Linebacker's)
- John Fee (Corner's)
- Blake Jackson (Defensive Line)
- Jake Mayfield (Defensive Back's)
- Riley Donovan (Defensive Line)

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CHAMPIONSHIP CULTURE

Our GOAL is to build a program where social responsibility, academic integrity, and competitive excellence are the standard for all.

FOUNDATION (Discipline-Toughness-Consistency)

- **Character of the individual / Team First**
- **Competitive mindset (Toughness)**
- **Superior strength & conditioning**
- **Fundamentals (effort with technique)**

"Success has requirements, not options." - Nick Saban

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ELITE COACHING

1. REAL CONNECTION (Trust, Care, Support)

- We will model teamwork, ethical behavior, and a strong work ethic.

2. EXPERT TEACHING (Positive Results)

- Your players should believe that you as their coach give them an unfair advantage over their opponents.

3. Establish a STANDARD of performance

- Consistently Develop/Lead/Manage the habits of champions.

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“The best prize that life has to offer is to work hard at work worth doing.” – Teddy Roosevelt

ELITE PLAYER

1. CHAMPIONSHIP CHARACTER (Team First)

- Can be trusted to do his job in detail on and off the field. (Consistency)
- Cares about his teammates and coaches. (Trustworthy)

2. COMPETITIVE MINDSET (Attack, Compete, Improve)

- The ability to consistently perform at your peak effort and skill regardless of the competitive circumstances. (Results vs Excuses)
- Win “the moment”. (Attack)

3. Personal STANDARD of performance

- Maximizes his potential by developing the mindset, skillset, and detail oriented focus necessary to achieve at a high level. (Habits)
- Compelled to improve (Coachable)

“You don’t choose your future, you choose your daily habits. If your habits don’t reflect your dreams and goals then change your habits... or change your dreams.”

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Communication

- **Head Football Coach/Asst AD- Chris_Ross@lovejoyisd.net**
 - **Cell: (512) 638-3102**
 - **Twitter: @ChrisRossLISD**
- **Program Communication:**
 - **Email list: Mass notifications**
 - **Google Classroom: Virtual learning**
 - **Twitter: @Leopardfootball**
 - **Athletic Website: Lovejoyleopards.net**
 - **SportsYou: Up to date timely reminders and alerts regarding practice times, delays or rescheduled events**
 - **Parents: Leopardfootballparents, code 9VKM-EBZZ**
 - **Athletes: Leopardfootball, code RAME7TWU**
 - **9th Parents: 9thLeopardfootballparents, code 5NP7RYCM**
 - **9th Athletes: 9thLeopardfootball, code 3E9BA7LW**

"Success has requirements, not options." - Nick Saban

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You've been invited to join

Leopard Football Parents

Use your **unique access code** below and follow the instructions.

Access Code

Join via Website

New Users

1. From your computer or phone, go to **sportsyou.com**
2. Click **Get Your Free Account** and enter your email
3. Go to your email and click **Confirm Your Email**
4. Click **Enter Access Code** to enter code, then finish set up

Existing Users

1. From your computer or phone, go to **sportsyou.com** and login
2. In left column, click **Join Team/Group**
3. Click **Enter Access Code** to enter code

Join via App

New Users

1. On mobile device download **sportsYou app** from the **App Store** (iOS) or **Google Play Store** (Android)
2. Tap **Create Account** or **Continue with Google**
3. Tap **Enter Access Code** to enter code, then finish set up

Existing Users

1. On mobile device login
2. In bottom tray, tap **Teams/Groups**
3. Tap **blue + button**, then tap **Join Team/Group**



visit us at **www.sportsyou.com**
or in the app stores



Download on the
App Store



GET IT ON
Google Play

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LOJO FOOTBALL

WEEK AT A GLANCE

ATTACK



MON 8/17 (A) JV/VARSITY	TUES 8/18 (B) JV/VARSITY	WED 8/19 (A) JV/VARSITY	THUR 8/20 (B) JV/VARSITY	FRI 8/21 (A) JV/VARSITY
7:00 TEAM MEETING 8:20 EOP 8:45 SENIOR WALK	7:00 TEAM MEETING 8:20 EOP	7:00 TEAM MEETING 9:50 EOP	7:00 TEAM MEETING 8:20 EOP	7:00 TEAM MEETING 9:50 EOP FRESHMAN
FRESHMAN	FRESHMAN	FRESHMAN	FRESHMAN	4:30 TEAM MEETING 5:40 EOP
4:30 TEAM MEETING 5:40 EOP	2:45 TEAM MEETING 5:40 EOP	4:30 TEAM MEETING 5:40 EOP	2:45 TEAM MEETING 5:40 EOP	SAT 8/22 JR/SR TEAM ACTIVITY LOCATION: FT. PAINTBALL 9:30 REPORT 10 - 2 PAINTBALL

8/17-9/4 Report Times

JV/Varsity

- A DAY

- Team Meeting 7:00
- Practice Ends 9:50

- B DAY

- Team Meeting 7:00
- Practice Ends 8:20

- Training Room 6:00-6:45 AM

Freshmen

- A DAY

- Team Meeting 4:30
- Practice Ends 5:40

- B DAY

- Team Meeting 2:45
- Practice Ends 5:40

- Training Room 7:00-7:45 AM

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LOJO FOOTBALL



2020 FOOTBALL SCHEDULE

9/17 7PM
SCRIMMAGE
LEOPARD STADIUM



9/25 7PM
LEOPARD STADIUM



10/2 730
GERALD PRIM STADIUM



10/9 7PM
LEOPARD STADIUM



10/16 7PM
MUNSON STADIUM



10/23

OPEN

10/30 7PM
LEOPARD STADIUM



11/5 7PM
TOYOTA STADIUM



11/13 7PM
LEOPARD STADIUM



11/19 7PM
FORD CENTER



11/27 2PM
LEOPARD STADIUM



12/3 7PM
MEMORIAL STADIUM



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Junior Varsity Schedule

DAY	DATE	OPPONENT	PLACE	TIME
THURS	9/17	SCRM FRISCO CENTEENIAL	LEOPARD STADIUM	5:30
THURS	9/24	JOHN PAUL II	E SPORTS	5:30
THURS	10/1	SULPHUR SPINGS	LEOPARD STADIUM	5:30
THURS	10/8	PRINCETON	JACKIE HENDRIX STADIUM	5:30
THURS	10/15	DENNISON	LEOPARD STADIUM	5:30
THURS	10/29	PROSPER ROCK HILL	PROSPER ROCK HILL HIGH SCHOOL	5:30
WED	11/4	FRISCO MEMORIAL	LEOPARD STADIUM	5:30
THURS	11/12	LAKE DALLAS	FALCON STADIUM	5:30
WED	11/18	FRISCO	LEOPARD STADIUM	5:30
WED	11/25	FRISCO LEBANON TRAIL	FRISCO LEBANON TRAIL HIGH SCHOOL	1:00
WED	12/2	FRISCO LIBERTY	LEOPARD STADIUM	5:30

JV SCHEDULE

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Freshman Schedule

DAY	DATE	OPPONENT	PLACE	TIME
THURS	9/17	SCRM FRISCO CENTEENIAL	LEOPARD STADIUM	5:30
THURS	9/24	JOHN PAUL II	LEOPARD STADIUM	5:30
THURS	10/1	SULPHUR SPINGS	LEOPARD STADIUM	5:30
THURS	10/8	PRINCETON	JACKIE HENDRIX STADIUM	5:30
THURS	10/15	DENNISON	LEOPARD STADIUM	5:30
THURS	10/29	PROSPER ROCK HILL	PROSPER ROCK HILL HIGH SCHOOL	5:30
WED	11/4	FRISCO MEMORIAL	LEOPARD STADIUM	5:30
THURS	11/12	LAKE DALLAS	FALCON STADIUM	5:30
WED	11/18	FRISCO	LEOPARD STADIUM	5:30
WED	11/25	FRISCO LEBANON TRAIL	LEOPARD STADIUM	1:00
WED	12/2	FRISCO LIBERTY	LEOPARD STADIUM	5:30

FRESHMAN SCHEDULE

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IMPORTANT DATES

August

- Aug 13th-17th Team Shop Open
- Aug 17th First day of school
- Aug 17th (JV/V) 7-7 6:00 @ Lovejoy
- Aug 22nd (JR/SR) Team Building
- Aug 24th (JV/V) 7-7 6:00 @ McKinney
- Aug 31st (JV/V) 7-7 6:00 @ Lovejoy

September

- Sept 8th First day of helmets
- Sept 11th Jr/Sr Swim Party
- Sept 12th Picture Day / Fundraiser
- Sept 17th Scrim (H) 5:00-7:00
- Sept 23rd 6:00 Var Dad's Helmet Striping
- Sept 24th Sub-Varsity FB vs Prosper TBD
- Sept 25th Var vs John Paul (H)

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COVID PLAN

- **PROVEN PLAN**: Summer Strength and Conditioning: 450 student athletes 4 days a week for 8 weeks with 4 positive cases among athletes and 0 positive cases for staff.

**314 SCHOOLS/ 244 SCHOOL DISTRICTS
REPORTING:**

# ATHLETES IN PROGRAMS:	65,290
# ATHLETES TESTED POSITIVE:	278
# CASES TRACED TO CAMP:	4
# HOSPITALIZATIONS:	4
# DEATHS:	0
% ATHLETES TESTING POSITIVE:	.00425

- Entry / Exit
- Gators (Masks) / Social Distancing
- Equipment clean and sanitized
- Locker Room Plan
- Symptom Check / QR check. Posters throughout building
- CDC / TEA / UIL Guidelines

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COVID PROTOCOL

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1. Please let us know if your athlete is having symptoms of Covid 19, has been tested, or has been in close contact with someone who is Covid +.
2. In the case of a positive test result...
 - The athlete must complete the 3 step process to return to practice
 1. 24 hours have passed since recovery of fever without fever reducing medication
 2. Individual has improvement of symptoms
 3. At least ten days have passed since onset of symptoms
 - The athlete must get a clearance note from a physician to return to athletic activity.
3. If quarantined due to exposure, player is out for the incubation period (14 days)
 - A player has been exposed if a family member tests positive for Covid.
 - Exposure equals being within 6 feet with one or both unmasked for a cumulative 15 minutes. DON'T START THE CLOCK!

Needed Equipment

- Team store will be located on lovejoyleopards.net under the football tab.
- Required equipment
 1. T-Shirt (team store)
 2. Shorts (team store)
 3. Game day Polo (team store)
 4. Girdle (team store)
 5. Cleats (white)
 6. Water bottle (players must bring their own water supply)
 7. Combination lock for your locker
- Donate 2 towels to the program

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Miscellaneous

1. Join the Gridiron Club. <http://www.lovejoyfootball.com/>
2. Take care of your Rank 1 paperwork. This includes physicals which need to be completed prior to the start of the season.
 - <https://lovejoyisd.rankonesport.com/New/NewInstructionsPage.aspx>
 - Susan_Smiley@lovejoyisd.net
 - Cortney_Green@lovejoyisd.net
3. Position Coach Zooms will be set up within the next week for JV-Varsity players. Parents please feel free to join your son
4. A Freshmen team zoom will be set with Coach Shawn Lewis as well.
5. No surprises. Be where you are supposed to be, doing what you are supposed to be doing, when you are supposed to be doing it, or be held accountable

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